

Cashew Sour Cream



This cashew sour cream recipe will have you stunned. It's so delicious and can be used anywhere you use traditional sour cream.

Butter Chicken with Naan Bread



This butter chicken dish rivals what you'd order in a traditional indian restaurant... and the best part? It's dairy and gluten free!

Homemade Ranch Dressing



Who needs store-bought ranch salad dressing when you have this amazing, clean, rich, creamy alternative?

Chocolate Banana Crackers



Craving chocolate? These divine crackers will hit the spot without the guilt.

Kelp Noodle Salad with Almond Miso Dressing



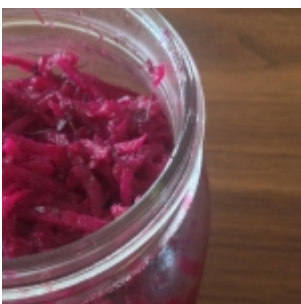
This salad will have your taste buds jumping and non-salad eaters coming back for seconds.

Basic Sourdough Bread



Whether you are a new-be or an expert sourdough bread maker, this simple, fail-proof basic sourdough recipe is amazing.

Fermented Beet Salad



This amazing recipe will have you eating copious amounts of

beets with the nutrient benefits switched on high. Your liver will thank-you.

Hearty Hamburger Soup



This hearty hamburger soup will satisfy even the hungriest of men, while keeping it clean!

Gluten-Free Ginger Cookie



Everyone loves a good ginger cookie. This variation will have even the gluten eaters coming back for more!

Kale Salad with Pecan Parmesan and Cranberries



A beautiful array colors and flavors, this summertime salad is a treat to the eyes and the tummy!