

Banana Scrambled Eggs



I know what you're thinking ... bananas and eggs?? We were thinking the exact same thing when my 7 year old niece said she wanted to cook this for breakfast. Turns out we were all shocked when we tasted her creation. It taste like sweet french toast... without the bread or the the sugar! I dare you to give this a try and not absolutely love it!

Ingredients:

- 1 tbsp coconut oil
- 2 ripe bananas (chopped into small chunks)
- 3 eggs (whisked together)
- 1/2 tsp cinnamon
- 1/2 tsp vanilla

Directions:

Heat coconut oil in frying pan over medium heat. Add all ingredients to the frying pan. Cook until eggs are fully cooked.

Remove from heat and enjoy!

Tips & Ideas:

Can top with anything you like. My niece had her eggs topped with maple syrup and mixed berries, and I enjoyed mine without adding a thing!